

**It is sometimes said that people should be encouraged to get married before they are 30.**

**Do you agree or disagree?**

Right time of marriage has always been a matter of controversy among psychology and medicine scholars, while it is still a **moot** point. Some believe that getting married before the age of 30 is more advantageous due to various reasons. However, I only partly agree with this notion and am more of this belief that no one can determine the exact best age of marriage.

Marriage is about the union of two totally different bodies of thought and attitudes, hence the complexity of the field for researchers. Difficult to assert any firm idea or make a general rule in this regard, the right age of marriage is different for every single person. Each individual should get married when he or she feels ready ~~for that~~. Only when someone reaches the age of emotional maturity, do they succeed in marital life. Moreover, it is also of paramount importance that both a man and a woman be ready to share their lives with each other because after wedding they should share all their assets including money, time and interests with their spouse. Thus, it doesn't matter whether you are under or above 30; once you will be able to build up a happy relationship full of caring and sharing with your partner ,it will be the perfect time for matrimony.

On the other hand, some argue that it is better for youngsters to get married earlier before reaching 30. Much of their reasoning is supported by physical facts. To illustrate, physicians are united in one belief, that the best time of pregnancy for a woman is between 25 to 30 since within this period the fertility rate is at the highest and body is on its' best possible condition biologically for carrying a baby. The other point they make in favor of early marriage is that people under 30 are more capable of adapting/to adapt with-to a new life style; obviously a happy matrimonial life requires much of flexibility and cooperation.

In summary, I think that one should decide about his-one's best age of marriage based on his-one's unique emotional, physical and financial circumstances and it is not what can be prescribed the same for everyone.

